

應外系第六屆系友 邱媛莉



親愛的學弟妹們，

我是Tiffany, 我想和你們分享我的學習歷程~ 一切都是從元智大學的應用外語學系開始,我在2006年畢業。在完成美國費城TESOL的碩士學位和博士學位之後,在倫敦學應用語言的專業,現在是英國倫敦聖帕特里克學院的講師。人生總會有起起伏伏,尤其是未來4年在元智大學裡,雖然我們常常把愉快的時間視為理所當然,但我們應該為遇到困難的時刻做準備,有時候無論是準備課程,考試,或是個人生活中的某些事,你都會感到沮喪疲倦甚至想要放棄,但是,有了正確的心態和積極的思考,這些消極的情感和感覺就可以體現為積極的收穫,你會發展出精神力量並且可以在壓力下茁壯成長。

「我記的我開始擔任講師的時候,一位行政人員對於我是否足夠教或管理他們多樣化的學生群體持謹慎的態度,這可能是因為我的體格很小而且也比較年輕,儘管我覺得必須證明自己,但我從未懷疑自己的能力,重要的是不要輕易讓別人的言論影響你的自信心。

我想說的是如果你想達成你的夢想,你必須堅持和自我肯定。熱情是成功的重要因素,我強烈督促你要常常提醒自己,未來四年內你會遇到的快樂或悲傷,一切都會使你成為一個更強大更厲害的人。你永遠不要害怕接受新的挑戰,不要讓機會溜走。我鼓勵你在元智四年內充分利用學校的設施,員工和校園,因為他是成長和成熟的理想之地,祝你一切順利並忠於自己,跌倒時微笑然後繼續前進。」



“ Dear Freshmen

My name is Tiffany Chiu and I would like to share with you my academic journey, which all began here in the Department of English Language & Applied Linguistics at Yuan-Ze University (YZU), where I graduated in 2006. I am currently a lecturer at St Patrick's College, London (UK), after completing my Masters in TESOL in Philadelphia (USA) and Ph.D. in Applied Linguistic in London.

There will always be ups and downs in life, especially in the next four years at YZU. While we often take-for-granted the pleasant times, we ought to prepare ourselves for times of difficulties. There will be occasions, whether it is preparation for coursework or exam, or things in personal life, where you will feel deflated, tired and even want to give up. Yet, with the right frame of mind and positive thinking, these negative emotions and feelings can be manifested into positive gains. You will develop mental strength and you can thrive under pressure. I remember when I started my job as a lecturer, one of the administration staff was cautious about whether I am good enough to teach, manage their diverse body of students, which may be because I am physically 'small' and looked relatively 'young'. Although I feel I have to prove myself, I never doubted my ability. It is very important not to easily allow the words of others to influence your confidence.

What I want to say is that to achieve your dreams, you need to be persistent and you need to have self-belief. Passion is an important ingredient for success and I strongly urge you to remind yourself that everything you will experience in the next four years, happy or sad, will mould you into a stronger and more developed person. You should never be afraid to accept new challenges and do not let opportunities slip away. I encourage you make full use of the facilities, staff and the campus during your time here at YZU because it is a fantastic place to grow and mature. I wish you all the best and be true to yourself. Smile when you fall and then move on. ”

